

# 2011 ANNUAL REPORT



*Making a difference in the lives of seniors.*

# Letter from the Director

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It's surprising, but in less than 20 years, according to demographic trends, one in three people will be over the age of 60 in Boulder County, which is aging faster than Colorado as a whole. Despite Boulder's relative wealth, there are many elderly now and in the foreseeable future

that simply do not or will not have the means to afford accommodations in our expensive housing market.

For over four decades, Golden West, a not for profit organization, has been filling a unique and vital niche in Boulder County by serving older people in need of affordable housing, services, and assisted living. In fact, nearly half of the affordable senior housing in Boulder is provided by Golden West, and we are one of only two providers in the city that offers assisted living to Medicaid-eligible seniors.

Golden West has remained a leader in elder care because we ensure that Boulder's seniors age well. In addition to providing shelter to our residents on a daily basis, Golden West also offers the following to all residents, regardless of income level:

- Dining Services—over 160,000 meals per year are provided to seniors in both independent and assisted living
- Programs and Events—A variety of educational, social, entertainment, and fitness programs are offered daily, including recreational outings
- Wellness—An in-house fitness center is supervised by a professional exercise physiologist
- Emergency Response—Staff are available around the clock to respond to emergencies and other needs

- Services—Services such as home health, apartment cleaning, handyman, dental care, massage, foot care, wellness clinic, beauty shop, and others are available on-site, some on a fee for service basis
- Service Coordination—Golden West employees a full-time service coordinator to assist residents and families in finding information and community services available to them to help residents maintain their independence and quality of life

The supportive environment we offer our residents helps to break through the isolation, fear, and loneliness endemic among the elderly and provides peace of mind to family members. As true and valuable participants in the life of Boulder, our elders deserve to be happy and well cared for.

As a supporting organization, the Golden West Foundation enhances the quality of life of the residents of Golden West and ensures the availability of resources for low income residents by providing financial support. The Foundation is responding to the growing needs of Boulder's seniors by sustaining a general fund, wellness programs, subsidies for rent, food, and personal needs, as well as a fund for critical infrastructure improvements.

Our distinct community would not be successful without the dedication of staff, board members, volunteers, and donors. Its people like you, who donate their time, money, and voices to this community that truly help make a difference in the lives of Boulder's seniors. Thank you for your commitment and support, and I hope that you are as excited as I am to see Golden West move forward successfully by continuing to provide crucial services for Boulder's seniors and their families.

*John A. Torres*

Executive Director, Golden West Communities, Inc.



# *Golden West, more than just a place to call home*

By: Maegan Ball,  
Development Coordinator

“Looking back, all of the many roads, streets, and highways I have traveled over my lifetime, they have all led me to this wonderful place in Boulder, Colorado called Golden West,” states Doc, who moved into Golden West in March 2012. And he’s traveled many roads throughout his life. Doc was born in Wisconsin and moved several times with his family, eventually ending up in Oregon. He graduated valedictorian of his high school class and received a congressional appointment to West Point. From there, Doc’s active duty years were spent in Germany and the Pentagon. His work as an engineer entailed heavy traveling, and helped Doc see a total of 128 countries.

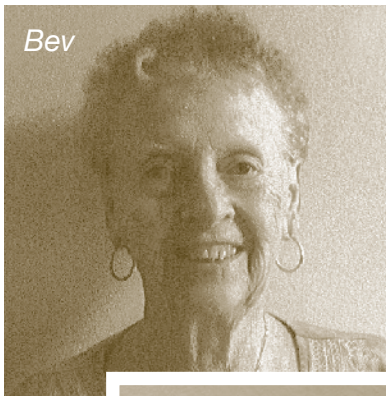
Like many of his new neighbors, Doc thinks of Golden West as a family—every resident is well-known, the staff is dedicated and caring, and the people who live here love it. He says that when his family first brought him to Golden West, he instantly fell in love. “I was just beside myself because I didn’t know a place like this even existed!”

Dorys, who has lived at Golden West for 29 years, shares Doc’s sentiment. “I really enjoy the social life. You’re with people your own age here, and you get to know them really well. When they’re gone, it’s like losing one of your own family members.” Dorys literally lived at Golden West with family—when she moved in to the South Tower, her mother and father were already residents in the Central Tower. “When I

moved in, there was only one person with a walker between the two buildings,” she commented. This is a significant number because now a large number of the residents at Golden West use walkers. “People came in so much younger then, in their 60s and 70s, but they’re moving in when they’re much older now.”

Fay, like Dorys, has also seen many faces and changes since moving into Golden West in 1988. “They didn’t have the assisted living building when I moved in, and the dining room was half the size that it is today.” Fay explained that there were two set times for lunch and two set times for dinner when she first moved in because the dining room was too small to accommodate all of the residents. When asked about the latest dining remodel, Fay says that





Bev



Peg

she loves it. “You eat what you want, when you want.” Golden West’s latest dining remodel not only changed the way the dining room looked, but the way the system worked. Instead of set times for lunch and dinner, the dining system is now set up like a restaurant with made to order food and open hours.

Fay says that she has been very content during her time calling Golden West home, and she likes her friends and neighbors. She also likes to dance. “I used to do the twist a lot, but now I just move around. You get your feet going to the music, and that’s it.”

One of the key members during the dining remodel was Bev, who moved into Golden West in August of 2010. As a fairly new resident, Bev decided to take on the challenge of chairing the resident Dining Committee, and served as a liaison between her neighbors and Golden West staff.

“I was just beside myself because I didn’t know a place like this even existed!”

- Doc

She had the experience to navigate the politics as she served as the long-time president of the Sangre de Cristo Ranch Organization in southern Colorado. She and her husband, Hugh, were strong supporters of the organization and worked to get traffic lights installed and were always at the service of visiting land owners.

After the Dining Committee was dissolved, Bev has enjoyed her leisure time. “After all,” she says, “I came here to retire.” Bev loves to spend time with her family, talking to know her neighbors, and doting on her cat, Athena. “Golden West is my home,” Bev said. “I’m not lonesome, hungry, or afraid, and I keep active with the many activities that Golden West offers.”

Peg is also a relatively new member of the Golden West family, having moved into Flatirons Terrace in November 2011. She enjoys the exercise classes, the pleasant

dining experience, and Cocktails and Conversation that is offered at Flatirons Terrace. Peg is an avid sewer and makes small quilts for charity. She moved to Boulder to be closer to her daughter, and the two traveled the world, including trips to both poles—Alaska and Antarctica.

Golden West is honored to have been called “home” for so many unique individuals. In addition to Dorys and Fay, eight other people have resided at Golden West for more than 20 years. Dorys has proudly kept tabs on all of them, including the year that each person moved in, as she holds the title of listing Adams Circle as her address the longest.

We hope to continue meeting the needs of Boulder’s seniors by providing affordable housing and services now and into the future.

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*All of the proceeds from the Harvest Dinner supported  
the Rental Assistance Fund, which helps cover the gap  
between inadequate Medicaid reimbursement rates  
and cost of providing housing and services to  
Golden West residents on Medicaid.*





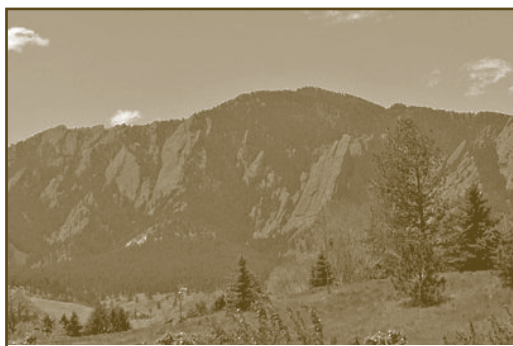
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**GOLDEN WEST FOUNDATION, INC.**  
**STATEMENTS OF FINANCIAL POSITION**

December 31, 2011 and 2010

	<u>2011</u>	<u>2010</u>
<b>Assets:</b>		
Cash:		
Undesignated	\$ 41,904	\$ 56,804
Designated for split-interest agreements	<u>7,177</u>	<u>33,324</u>
<b>Total Cash</b>	<u>49,081</u>	<u>90,128</u>
<b>Investments and receivables:</b>		
Undesignated	52,091	51,060
Designated for investment endowment	3,489	3,359
Designated for split-interest agreements	169,379	172,022
Temporarily Restricted	51,245	49,788
Accounts receivable	<u>298</u>	<u>-</u>
<b>Total Investments and Receivables</b>	<u>276,502</u>	<u>276,229</u>
<b>Property and equipment:</b>		
Software	20,379	20,379
Less: accumulated depreciation	<u>(5,165)</u>	<u>(397)</u>
<b>Net Property and Equipment</b>	<u>15,214</u>	<u>19,982</u>
<b>Total Assets</b>	<u>\$ 340,797</u>	<u>\$ 386,339</u>
<b>Liabilities and Net Assets:</b>		
<b>Liabilities:</b>		
Liabilities under split-interest agreements	\$ 87,907	\$ 87,756
Accounts payable	<u>470</u>	<u>67</u>
<b>Total Liabilities</b>	<u>88,377</u>	<u>87,823</u>
<b>Net Assets:</b>		
Temporarily restricted net assets	92,977	63,209
Unrestricted net assets	<u>159,443</u>	<u>235,307</u>
<b>Total Net Assets</b>	<u>252,420</u>	<u>298,516</u>
<b>Total Liabilities and Net Assets</b>	<u>\$ 340,797</u>	<u>\$ 386,339</u>

**GOLDEN WEST FOUNDATION, INC.**  
**STATEMENTS OF ACTIVITIES**

Years Ended December 31, 2011 and 2010

	<u>2011</u>	<u>2010</u>
<b>Unrestricted Net Assets:</b>		
<b>Revenue:</b>		
Contributions - general	\$ 5,164	\$ 8,740
Contributions - split-interest agreements	-	19,623
Investments income/(loss)	(4,615)	26,640
Change in value of split-interest agreements	(20,687)	(1,208)
Fundraising income	<u>10,258</u>	<u>13,071</u>
<b>Total Unrestricted Revenue</b>	<u>(9,880)</u>	<u>66,866</u>
<b>Net assets released from restrictions:</b>		
Restrictions satisfied by payments	<u>9,751</u>	<u>43,117</u>
<b>Total Unrestricted Revenue and Reclassifications</b>	<u>(129)</u>	<u>109,983</u>
<b>Expenses:</b>		
Contributions - Golden West Communities, Inc.	25,252	20,678
Management fees	6,000	6,000
Fundraising expense	2,686	7,888
Resident enrichment	21,419	14,383
Insurance	1,000	1,000
Marketing	3,677	2,594
Professional fees	2,500	660
Supplies	4,069	3,294
Banking fees	4,365	2,344
Depreciation	<u>4,767</u>	<u>397</u>
<b>Total Expenses</b>	<u>75,735</u>	<u>59,238</u>
<b>Increase (Decrease) in Unrestricted Net Assets</b>	<u>(75,864)</u>	<u>50,745</u>
<b>Temporarily Restricted Net Assets:</b>		
Contributions	39,519	54,955
Net assets released from restrictions	<u>(9,751)</u>	<u>(43,117)</u>
<b>Increase (Decrease) in Temporarily Restricted Net Assets</b>	<u>29,768</u>	<u>11,838</u>
<b>Increase (Decrease) in Total Net Assets</b>	<u>(46,096)</u>	<u>62,583</u>
Net Assets, beginning of year	298,516	235,933
<b>Net Assets, end of year</b>	<u>\$ 252,420</u>	<u>\$ 298,516</u>



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Thanks to all of those who donated to the Foundation in the past. Your donations have made a world of difference for the seniors at Golden West. And thank you in advance to those of you who will donate in the future. It is with your continued support that we are able to offer the support and services to those who need it.



*Thank You.*

*The Golden West Foundation*